# Edgerton MN School District February 2019 Breakfast Menu

## **Monday**



## Tuesday

# Wednesday

# Thursday Friday

### Dairy Benefits:

- BrainDevelopmentStrong
- Bones/Teeth
   Sports Recovery
- Disease
   Prevention
- Maintain Strong Muscles & Bones





\*Please\*
remember to take
at least
½ cup fruit & or
Juice for a well
balance meal

A. Glazed Donut Ring B. Super Cinni Pretzel

Fruit & Juice Milk Choice

A. Breakfast Pizza B. Breakfast Round

Fruit & Juice Milk Choice A. Cheesy Eggs w/Toast B. Mini Cinnis

Fruit & Juice Milk Choice A. French Toast Sticks B. Cherry Frudel

Fruit & Juice Milk Choice A. Egg & Chz English Muffin B. Strawberry Cream Bagels

Fruit & Juice Milk Choice

13

20

27

A. Long John Donut B. Super Cinni Pretzel

Fruit & Juice Milk Choice

A. Breakfast Boat
B. Breakfast Round

Fruit & Juice Milk Choice 12

19

A. Sausage, Tri-Tater, Toast B. Mini Cinnis

Fruit & Juice Milk Choice A. Waffles B. Cherry Frudel

Fruit & Juice Milk Choice A. Pancake Sausage Stick B. Strawberry Cream Bagels

Fruit & Juice Milk Choice A. Glazed Donut Ring B. Super Cinni Pretzel 15

22

Fruit & Juice Milk Choice

18

No School

A. Breakfast Taco B. Mini Cinnis

Fruit & Juice Milk Choice A. Dutch Waffle B. Cherry Frudel

Fruit & Juice Milk Choice A. Breakfast Sliders B. Strawberry Cream Bagels

21

Fruit & Juice Milk Choice A. Cinnamon Roll B. Super Cinni Pretzel

Fruit & Juice Milk Choice

A. Breakfast Pizza
B. Breakfast Round

Fruit & Juice Milk Choice 26 A. Cheesy Eggs w/Toast

Fruit & Juice

B. Mini Cinnis

Milk Choice

A. French Toast Sticks B. Cherry Frudel

Fruit & Juice Milk Choice 28 A. Egg & Chz English Muffin B. Strawberry Cream Bagels

Fruit & Juice Milk Choice Be a Food Label Detective:

Make Sure to Choose Whole Grain



Look for "100% Whole Grain or Wheat' on packages of food like bread, cereal, and pasta.

#### **MEAL PRICES**

Student Breakfast: \$1.40 Adult Breakfast: \$1.85



#### **ENTRÉES OFFERED DAILY**

K - 6th Grade:

Breakfast Entrée OR

• Cereal & Toast

7<sup>th</sup> - 12<sup>th</sup> Grade:

•Breakfast Entrée with Cereal or Toast

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